

The effects of aging and Alzheimer's disease on medial temporal lobe: A quantitative morphometric study of entorhinal perirhinal and parahippocampal cortex

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INTRODUCTION

Background

- Quantitative MRI-based protocols have been developed that enable the measurement of entorhinal cortical (ERC) volume in vivo, and have been applied to the detection of ERC atrophy in very early Alzheimer's disease (AD).
- Dickerson et al. (2001), Jouttonen et al. (1998), and Bobinski et al. (1999) showed volumetric ERC atrophy in early AD subjects when compared with healthy aged subjects.
- However, little MRI data exist on the effects of normal aging on the structure of ERC (Du et al. (2006), Raz et al. (2004)).
- Du et al. (2006) and Raz et al. (2004) suggest minimal ERC atrophy occurs in aging.
- Furthermore, data are lacking on the quantitative MRI-based measurement of nearby medial temporal (MTL) cortex, including perirhinal (PRC) and parahippocampal cortex (PHC) in normal aging or AD.

Objective

- Past research has not examined thickness and surface area atrophy in MTL subregions: PRC, ERC, and PHC.
- Study the effects of healthy aging and AD on thickness and surface area of medial temporal neocortical regions.

METHODS

Subjects

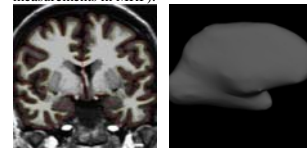
- 87 healthy right-handed volunteers (ages 18-90 57 f/30m)
- 20 patients diagnosed with dementia of Alzheimer's type (ages 50-96, 10 f/10m, CDR = 0.5 or 1.0)
- No other major medical, neurologic, or psychiatric illnesses
- All subjects provided informed consent in accordance with Human Research Committee guidelines of Massachusetts General Hospital

Imaging Parameters

- Siemens 1.5 T Vision
- Acquired 3-4 T1-weighted MPRAGE acquisitions per subject (1x1x1.25mm resolution; see Buckner RL et al., Neuroimage 2004 for details)

Imaging Analysis

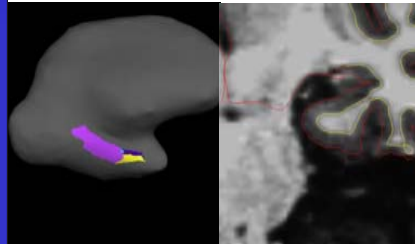
- Data were analyzed using the Freesurfer processing stream (<http://surfer.nmr.mgh.harvard.edu>); cortical white matter and pial surfaces were generated.
- Thickness measurements were determined through Freesurfer's semi-automated processing stream (See Han et al. 2006, Kuperberg et al. 2003 for validity of measurements in MRI).



- Dura layer was removed manually in order to ensure reliable ERC thickness measurements

Imaging Analysis(cont'd)

A novel parcellation protocol was developed, based in part on Dickerson et al. (2001), using visualization of surface and volume features to delineate ERC, PRC, and PHC boundaries.



- Protocol was manually performed on data from all subjects
- Reliability of manual edits was assessed through reapplication of protocol to six subjects (two AD, two young, two elderly) by a rater, who was blind to each subject's identity
- Intraclass correlation coefficients were calculated to assess the level of reliability for the rater
- 3-way ANOVAs were calculated to assess significance between the three groups for volume, thickness, and surface area
- Surface area and volume were covaried with estimated intracranial volume measurements (eTIV) in order to control for head size.

RESULTS

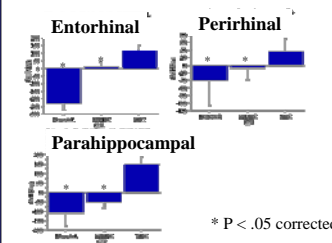
Reliability

- Reliability of dura edits was assessed by calculating an intraclass coefficient for ERC thickness, the primary region that is affected by dura edits.
- Reliability of surface label edits was assessed by determining intraclass correlation coefficients for ERC, PRC, and PHC surface area.

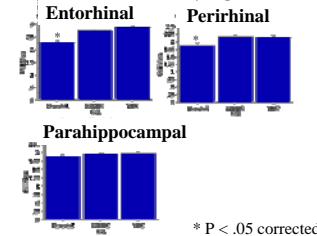
Measurements	ICC
ERC thickness	0.807
ERC surface area	0.8587
PRC surface area	0.9431
PHC surface area	0.9227

Volume

Volume is affected by both AD and aging

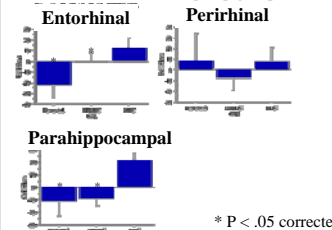


Thickness is affected by AD



Surface Area

Surface area is affected by aging



FUTURE DIRECTIONS

- Further investigate the effects of AD and aging on the PRC. As the surface area of the PRC appears to be equal to or greater in AD than normal subjects.
- Further investigate and categorize anatomic, sulcal, and gyral variance in the PRC and ERC.

CONCLUSIONS

These findings suggest that aging and AD have disparate effects on MTL subregional volumes. Surface area atrophy is associated with aging, whereas cortical thickness atrophy is associated with AD.

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